

July 20, 2021

# State of Hawai‘i Workforce Development Council



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Trauma-Informed Care Training  
WorkHawaii Youth Program

**Goal:** To build a TIC framework that will build wellness and resilience for agencies that serve "opportunity youth."

Sustainability

**"Train-the-Trainer"  
Model**

Professional  
Development

**Intensive TIC agency  
training**

Systems  
Change

**Creating TIC  
responsive agencies**

# Trauma-informed Journey



## RELIEF

Putting on a "Trauma-informed lens" and meeting people where they are at in their journey



## RECOVERY

Allow TIC knowledge and both personal and program insights to generate "Trauma-responsive strategies."



## REFORM

Create "Trauma Sensitive" workforces and environments that are supported by work policies and law.

# "Train-the-Trainer" Model



"Trauma-informed  
Care 101"



ACEs & BCEs

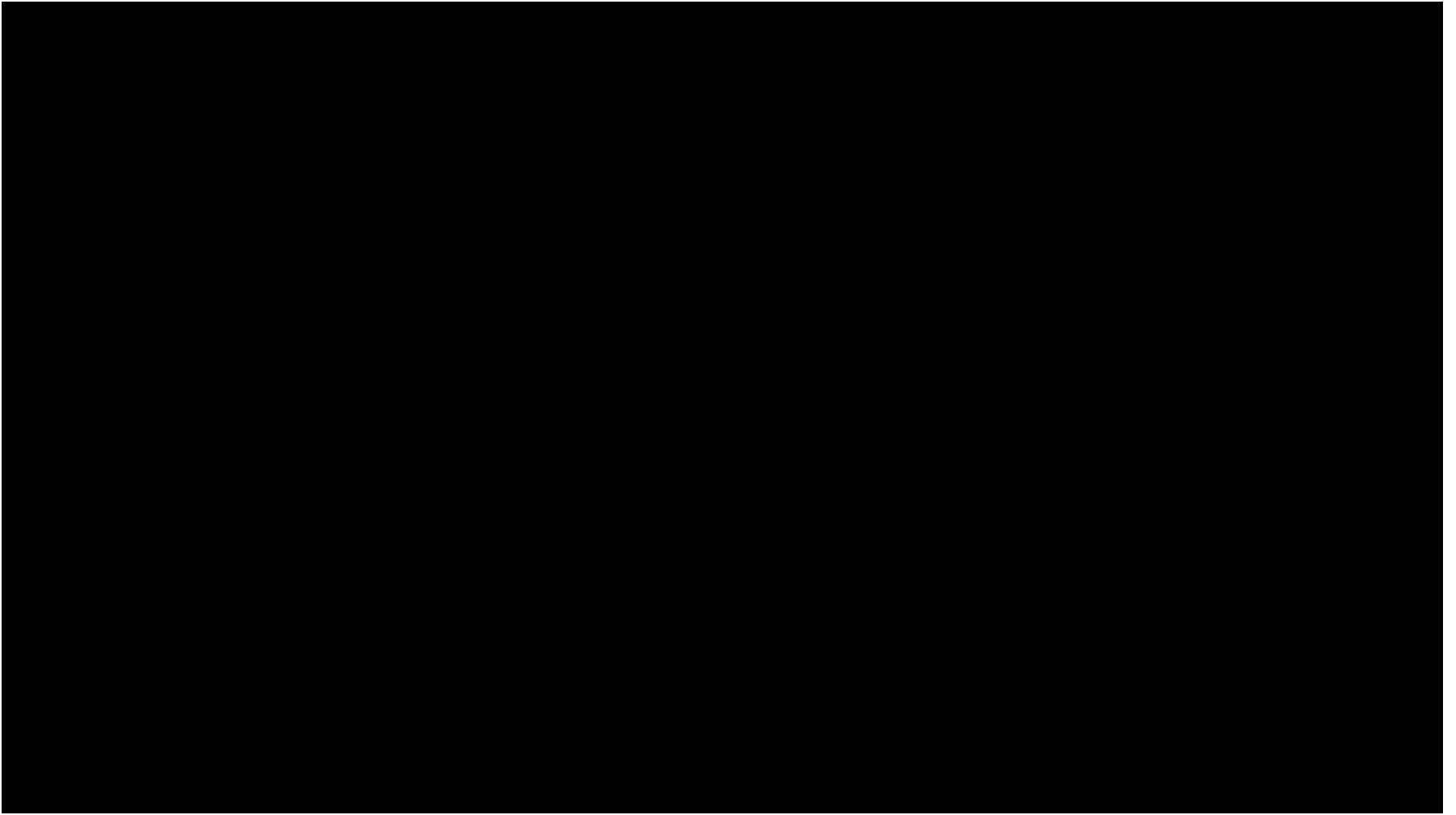


Cultural and  
Historical Trauma

# Professional Development



- 1 "TIC 101, Brain Sciences, KISS Framework, Toxic Stress
- 2 ACES/Protective Factors, Cultural & Historical Trauma, *Kilo* (observation)
- 3 "What, So What, Now What?" Self-Care, STS and De-escalation Techniques.



# Systems Change



1

"What, So What,  
Now What?"


2

Trauma-Responsive HR  
Strategies


3

Self-Care  
(Reflective Supervision)


# Recommendations



Embed TIC  
Professional  
Development



Inventory &  
Assessment of  
Agencies



Create Interface  
with Other  
Agencies/Dept.





Kind words can be short  
and easy to speak,  
but their echoes are truly  
**endless**

-Mother Teresa



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**Mahalo!**