State of Hawaiʻi Workforce Development Council

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Ke Ala Hoʻaka, LLC
www.kaha115.com
dgoya@kaha115.com

Trauma-Informed Care Training
WorkHawaii Youth Program
**Goal:** To build a TIC framework that will build wellness and resilience for agencies that serve "opportunity youth."

- **Sustainability**
  - "Train-the-Trainer" Model

- **Professional Development**
  - Intensive TIC agency training

- **Systems Change**
  - Creating TIC responsive agencies
Trauma-informed Journey

RELIEF
Putting on a "Trauma-informed lens" and meeting people where they are at in their journey

RECOVERY
Allow TIC knowledge and both personal and program insights to generate "Trauma-responsive strategies."

REFORM
Create "Trauma Sensitive" workforces and environments that are supported by work policies and law.
"Train-the-Trainer" Model

KUPU LEARN. SERVE. RESTROR

ACEs & BCEs

"Trauma-informed Care 101"

Cultural and Historical Trauma
Professional Development

1. "TIC 101, Brain Sciences, KISS Framework, Toxic Stress

2. ACES/Protective Factors, Cultural & Historical Trauma, Kilo (observation)

Systems Change

1. "What, So What, Now What?"
2. Trauma-Responsive HR Strategies
3. Self-Care (Reflective Supervision)
Recommendations

- Embed TIC Professional Development
- Inventory & Assessment of Agencies
- Create Interface with Other Agencies/Dept.
Kind words can be short and easy to speak, but their echoes are truly endless.  
~Mother Teresa